

# Geriatric Education Series

## About the Series

The University of Wyoming Geriatric Education Center (WyGEC) and University of Washington's Northwest Geriatric Education Center (NWGEC) are partnering to bring a series of continuing education programs on geriatric health to health professionals.

Nationally and regionally recognized NWGEC faculty will present each topic and facilitate discussion. The series will assist providers in developing and enhancing health promotion interventions to prevent disease and postpone further disability for the older adults they serve. This series will give community-based providers working in the field of aging the opportunity to access valuable information without having to travel a great distance!

This series will be broadcast weekly on Tuesdays from 5:00-6:30 pm, via the University of Washington Telehealth Network to up to six Wyoming sites from January 8 to March 11, 2008. (Contact the WyGEC for information regarding available sites.) Sign up today!

## Series Objectives

- After completing this course, you will be better able to:
- Discuss how age-related physiologic changes affect the pharmacokinetics and pharmacodynamics of medications in older adults.
  - Identify 3 sources of pain, 2 assessment methods, and 3 treatment modalities for pain in older adults.
  - Identify diagnostic criteria for bipolar disorder and common medical conditions which may have a presentation similar to bipolar disorder.
  - Describe normal aging changes and how they can impact vision, and how common systemic medications can affect your eyes.
  - Describe health issues of aging with and without a developmental disability (DD) and identify health problem for adults aging with DD.
  - Discuss the concept and degree of health literacy in the US geriatric population and assess health literacy in a specific patient.
  - Explain the psychosocial limitations of hearing loss and explain the rehabilitation approaches for age-related hearing loss.
  - Discuss key components of nutrition for geriatric health and apply nutrition knowledge and nutrition assessment to an elderly person.
  - Discuss health care issues particular to Latinos, describe culturally appropriate practices, and identify potential barriers to care of Latino elders.
  - Discuss the appropriate work-up of patients with urinary incontinence and treatment options for both stress and urge incontinence.

**All seminars will be held on  
Tuesdays from 5:00-6:30 PM**

### January 8 Geriatric Pharmacotherapy

Peggy Odegard, PharmD, BCPS,  
CDE, Associate Professor, Pharmacy

### January 15 Pain Management

Mary Shelkey, PhD, ARNP, Postdoctoral  
Fellow, Biobehavioral Nursing

### January 22 Bipolar Disorder

Molly M. Shores, MD, Associate  
Professor, Psychiatry

### January 29 Vision Loss

Nancy Y. Ross, OD, Teaching  
Associate, Ophthalmology

### February 5 Developmental Disabilities

Kathleen Watson, PhD, RN  
Research Assistant Professor  
Biobehavioral Nursing

### February 12 Health Literacy

Marilynn Albert, MSN, ARNP  
Lecturer, Psychosocial Nursing

### February 19 Hearing Loss

Thomas Rees, PhD, Associate  
Professor, Otolaryngology

### February 26 Nutrition

Marilyn Ferguson-Wolf, MA, RD, CSG,  
CD, Stepping Stones Consulting

### March 4 Latino Health

Marie Luz Villa, MD, Clinical Assistant  
Professor, Gerontology and  
Geriatric Medicine

### March 11 Incontinence

Jane L. Miller, MD, Associate  
Professor, Urology

## Target Audience

The series is designed for healthcare providers including physicians, nurses, physician assistants, nurse practitioners, physical and occupational therapists, speech-language pathologists, psychologists, social workers, pharmacists, and other interested professionals.

All programs will originate from the University of Washington and will be broadcast over the University of Washington Telehealth Network to selected videoconferencing sites in Wyoming. Access is limited, please contact WyGEC for registration information.

This series is being offered at no cost. All participants must register. You may register for individual programs or the entire series.

Nurses: Up to 15.0 contact hours will be awarded.\*\*

• The University of Washington School of Nursing is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

• The University of Washington School of Nursing is approved as a Washington state clock hour provider by the Washington State Board of Education.

• Provider approved by the California Board of Registered Nursing, Provider #07128, for 15.0 contact hours. Social Workers, Counselors, Psychologists and All Other Disciplines: A certificate for up to 15.0 clock hours will be awarded for documenting completion of this offering.

\*\* The University of Washington School of Nursing requires a \$35 fee for CNE or CE credits. The fee covers the entire series. Forms will be available at each session. All attendees will be provided with a certificate of attendance for each session. Information: 206-685-7478; email: [patann@u.washington.edu](mailto:patann@u.washington.edu)

Northwest  
Geriatric Edu-  
cation Center  
(NWGEC) are  
partnering to  
bring a series

complete this form and bring it to your first meeting. The site coordinator will collect the registrations and forward them to the UW Geriatric Education Center

Name \_\_\_\_\_

Credentials/Degree \_\_\_\_\_

Position \_\_\_\_\_

Organization \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Work Phone \_\_\_\_\_

Work Fax \_\_\_\_\_

Email \_\_\_\_\_

☐ I am registering for the entire series.  
☐ I am registering for the following dates only:

(please circle)  
January 8   January 15   January 22   January 29  
February 5   February 12   February 19  
February 26   March 4   March 11

Please contact the Wyoming Geriatric Education Center for site locations. We have a limited number of connections and will work to accommodate as many sites as possible. For further Information e-mail [bobwyo@uwyo.edu](mailto:bobwyo@uwyo.edu)

University of Wyoming  
Geriatric Education Center  
Department 3432, 1000 University Ave.  
Laramie, Wyoming 82071-2000

**Please Share this with Your Colleagues!**

# ***Geriatric Health Promotion for Health Care Providers***

*Telehealth Series*

January - March, 2008

Presented in Wyoming by  
The Wyoming Geriatric  
Education Center (WyGEC)

**Provided by  
the University of Washington  
Telehealth Services Network**

With the support of Cheyenne  
Regional Medical Center

Sponsored by:

University of Washington  
NW Geriatric Education Center  
UW Telehealth Services  
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Continuing Nursing Education  
de Tornyay Center for Healthy Aging